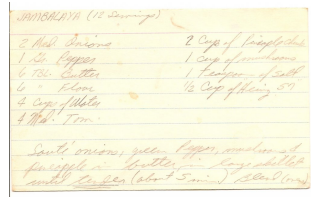
Mike Donovan's Jambalaya

Description

Michael Wheeler Donovan created this jambalaya recipe. He would make this and put over rice. This was one of his favorite meals to make.



Summary

Yield: 12
Prep Time: 30 minutes
Category: Sauces

Ingredients

- 2 onions, medium
- 1 green pepper
- 6 tbsp butter
- 6 tbsp flour
- 4 cups water
- 4 tomatoes, medium
- 2 cups pineapple chunks
- 1 cup mushrooms
- 1 tsp salt
- 1/2 cup Heinz 57 Sauce

Instructions

Saute onion, green pepper, mushrooms and pineapple in butter in large skillet until tender (about 5 minutes). Blend in flour and salt. Stir in water and Heinz 57 sauce. Cook and stir until mixture comes to a boil. Add tomatoes. Cover and simmer 5 to 10 minutes. Serve over rice.