Sauteed Spinach

Description

Fresh spinach is cooked in olive oil with garlic salt and Parmesan cheese in this recipe."



Summary

Yield: 4
Prep Time: 15 minutes
Category: Vegetables
Cuisine: American
Tags: Side Dish

Ingredients

- 1 tbsp olive oil
- 10 oz spinach leaves baby
- 1 tsp garlic salt
- 1/4 cup grated parmesan cheese

Instructions

Heat the olive oil in a large skillet over medium heat.

Add the spinach to the skillet and cover; allow to cook 5 minutes.

Stir in the garlic salt and cover again for another 5 minutes; remove from heat.

Sprinkle with Parmesan cheese to serve.