

# Madi's Meatloaf

## Ingredients

- 1 lb hamburger
- 1/2 cup quick oats
- 1 egg
- 2 tbsp milk
- 1 tsp onion flakes
- salt and pepper to taste

## Summary

**Yield:** 4

**Source:** Beth Fanfulik's recipe

**Prep Time:** 5 minutes

**Category:** Meats

## Instructions

Mix together and press into a loaf pan (about 4x8). Bake 1 hour at 350 degrees.