Meat Loaf

Description

My own Recipe for meat loaf.

Summary

Yield: 4
Prep Time: 1 1/2 hours
Category: Main Dish
Cuisine: American

Ingredients

- 1 1/2 lbs lean ground beef
- 1 cup dry bread crumbs
- 1/2 cup milk
- 2 eggs, lightly beaten
- 1 cup ketchup
- 2 tbsps dijon mustard
- 1 small onion, finely chopped
- 1 pkg mccormick® meat loaf seasoning mix
- 1 can 8 oz tomato sauce
- 2 tbsps parsley

Instructions

1. MIX all ingredients except tomato sauce and parsley, in large bowl until well blended.
2. SHAPE meat mixture into a loaf. Place in baking pan.
3. BAKE in 375° F oven 1 hour or until cooked through.
4. Top with tomato sauce and parsley.